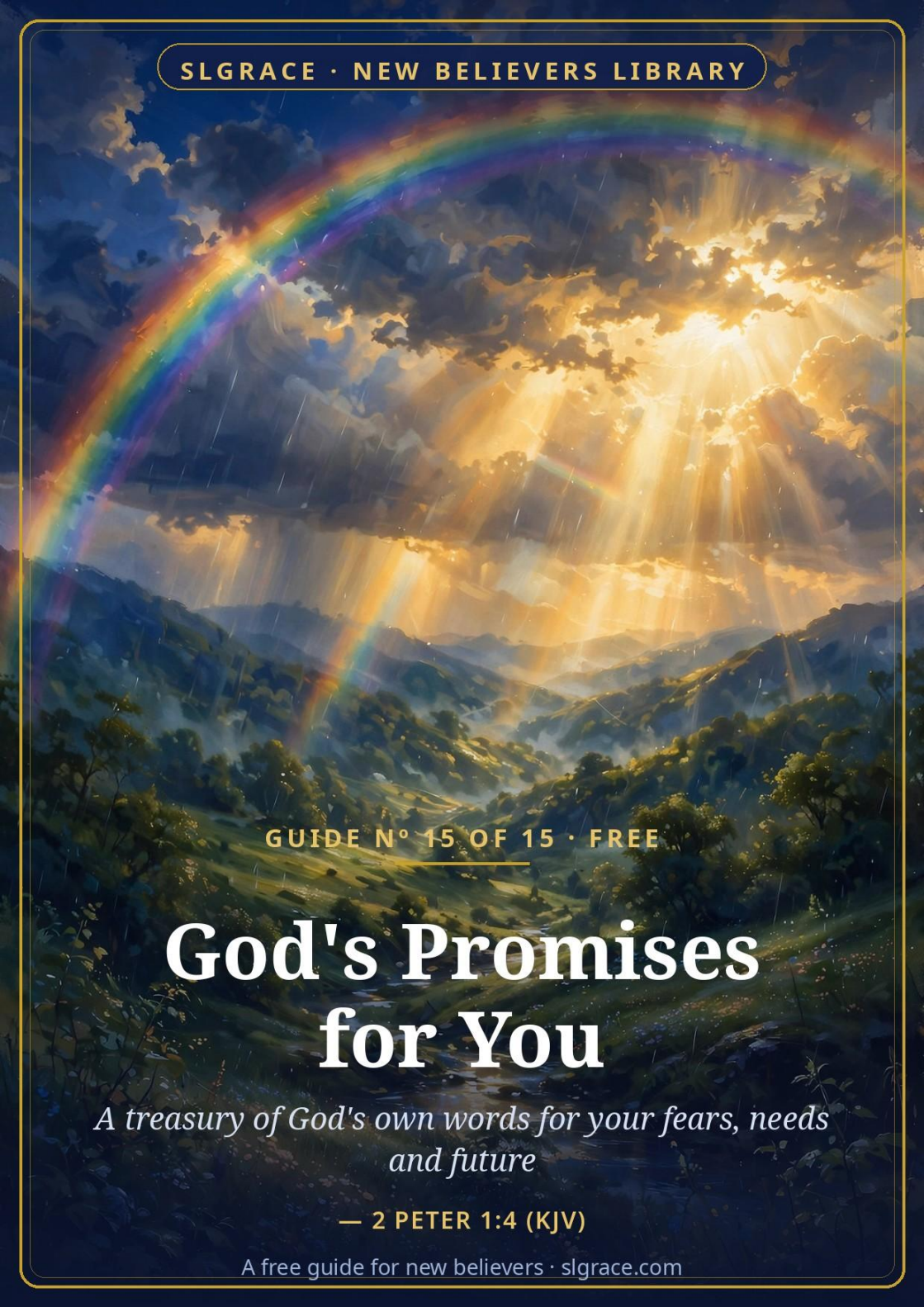

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GUIDE Nº 15 OF 15 · FREE
God's Promises for You
A treasury of God's own words for your fears, needs and future
— 2 PETER 1:4 (KJV)
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A letter to you, dear friend

Dear friend, God is a promise-making, promise-keeping God. From Genesis to Revelation, His Word is filled with thousands of promises — and they are not decorations. They are cheques signed by heaven, given so that His children can live by them: praying them, standing on them, and thanking Him for them before the answer is seen. Peter calls them 'exceeding great and precious promises.' Precious things are kept carefully and used often. This guide is a small treasury to start your collection.

The promises here are arranged by need — fear, provision, sickness, loneliness, guidance, and your future — because God meets us at the point of our need, not in alphabetical order. Learn how to claim a promise properly: find it, check it is for you, believe it, pray it, act on any condition it carries, and thank God while you wait. Keep this guide inside your Bible. In your lifetime you will wear its pages thin, and every worn page will tell a story of a God who kept His word.

How to stand on a promise

A promise is God's stated intention, written down so you can hold Him — reverently, as a child holds a father — to His own word. Claiming a promise is not magic or demanding; it is faith's normal language. Follow this pattern. Find the promise in Scripture yourself and read its surroundings, so you understand it truly. Ask: is this promise for God's people generally, or spoken to a specific person in a specific moment? Most promises in this guide are covenant promises to all believers in Christ. Believe it personally: put your name in it as you pray ('The Lord is MY shepherd'). Pray it back to God with thanksgiving. Obey any instruction attached to it — many promises carry a companion command. Then wait with a thankful, obedient heart, watching for God's way and God's time.

Notice how the great promise-holders of the Bible behaved. Abraham 'staggered not at the promise of God through unbelief; but was

strong in faith, giving glory to God' — while waiting years for its fulfilment. Giving glory to God before the answer is the signature of promise-faith. Start thanking at the promise, not only at the performance, and your waiting room becomes a worship room.

Keep a promise journal: the need, the promise found, the date you began standing on it, and the date and manner of God's answer. In years to come, that journal will be one of your most valuable possessions — documented proof, in your own handwriting, that God keeps His word to you personally.

> *"For all the promises of God in him are yea, and in him Amen, unto the glory of God by us."*
> **— 2 Corinthians 1:20 (KJV)**

Do this:

1. Choose the one promise matching your greatest present need.
2. Write it in your journal with today's date and pray it daily.
3. Thank God for the answer in advance, each time you pray it.

Promises when you are afraid

Fear is the first need God answers in most lives, and His promises here are among His strongest. 'Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness' (Isaiah 41:10). Count the 'I wills' — five of them, a whole hand of God's commitments in one verse. Your fear may have a real cause; God's presence is a greater fact. Speak this verse aloud when fear rises; fear cannot easily survive in a room where God's promises are being spoken by faith.

Add these to your treasury. 'The Lord is my light and my salvation; whom shall I fear? the Lord is the strength of my life; of whom shall I be afraid?' (Psalm 27:1). 'God is our refuge and strength, a very present help in trouble. Therefore will not we fear, though the earth

be removed' (Psalm 46:1-2). 'For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind' (2 Timothy 1:7). And for the night hours: 'I will both lay me down in peace, and sleep: for thou, Lord, only makest me dwell in safety' (Psalm 4:8).

Standing on these does not mean fear never knocks; it means fear no longer owns the house. Pray the promise, take the wise practical steps available to you, and rest in the Upholder's hand. Courage in God's children is not the absence of fear — it is fear outvoted by faith, daily.

> *"Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness."*
> **— Isaiah 41:10 (KJV)**

Promises for provision and daily needs

Your Father knows you need food, clothing, shelter, school fees, work. Jesus forbids anxious worry about these — not because they are unimportant, but because your Father's care makes anxiety unnecessary: 'Seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you' (Matthew 6:33). Note the order — kingdom first — and the promise attached. Generations of believers, including many poor ones by the world's measure, have lived on this verse and testified that the addition came, sometimes narrowly, sometimes surprisingly, always sufficiently.

Paul, writing to a generous church, adds: 'But my God shall supply all your need according to his riches in glory by Christ Jesus' (Philippians 4:19). All your need — measured not by earth's scarcity but by heaven's riches. And David, looking back over a long life: 'I have been young, and now am old; yet have I not seen the righteous forsaken, nor his seed begging bread' (Psalm 37:25). Stand on these while you work honestly, budget wisely, give generously and refuse both greed and panic. God's provision often travels through

ordinary roads — work, skill, favour, the kindness of His people — so keep your eyes open on ordinary roads.

If you are in acute need today, do three things together: pray the promises by name, tell your church family honestly (God often answers through them), and take every honest practical step open to you. Pride starves more believers than poverty does. Let the family God gave you be part of His answer.

> *"But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you."*
> **— Matthew 6:33 (KJV)**

Promises in sickness and in loneliness

For sickness, God promises His presence, His help, and — as He wills in His wisdom — His healing. 'I am the Lord that healeth thee' (Exodus 15:26) is His revealed name. James directs the sick to call the elders to pray and anoint, promising 'the prayer of faith shall save the sick, and the Lord shall raise him up' (James 5:15). Pray for healing boldly, receive medical care thankfully without seeing it as unbelief, and hold also the promise that carried Paul when healing delayed: 'My grace is sufficient for thee: for my strength is made perfect in weakness' (2 Corinthians 12:9). Whether God heals instantly, gradually, through medicine, or finally in resurrection, no believer's suffering is unseen or wasted.

For loneliness, the promises are tender. To the forsaken: 'When my father and my mother forsake me, then the Lord will take me up' (Psalm 27:10). To the far from home: 'I will never leave thee, nor forsake thee' (Hebrews 13:5). To the one who feels invisible: 'Can a woman forget her sucking child…? yea, they may forget, yet will I not forget thee. Behold, I have graven thee upon the palms of my hands' (Isaiah 49:15-16). Your name is engraved on the hands that were pierced for you. Read these promises slowly at night; let them be the last voice before sleep.

In both sickness and loneliness, let the church be God's hands: accept visits, meals, prayers and help without embarrassment. Promises often arrive wearing the faces of God's people.

> *"But he was wounded for our transgressions, he was bruised for our iniquities: the chastisement of our peace was upon him; and with his stripes we are healed."*
> **— Isaiah 53:5 (KJV)**

Promises for guidance and for your future

For guidance, God's commitments are clear: 'I will instruct thee and teach thee in the way which thou shalt go: I will guide thee with mine eye' (Psalm 32:8). 'Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths' (Proverbs 3:5-6). Guidance is promised to the trusting and acknowledging — those who pray about decisions, search the Word, seek wise counsel, and then step in faith. God guides moving ships; bring Him your decisions early, not as a last resort after the contract is signed.

For your future, hold the promise God spoke to exiles who thought their story was over: 'For I know the thoughts that I think toward you, saith the Lord, thoughts of peace, and not of evil, to give you an expected end' (Jeremiah 29:11). Your future is not an accident happening to you; it is a thought in the mind of a loving God, unfolding in His time. Add Romans 8:28 — all things working together for good to those who love God — and Philippians 1:6 — He who began the good work will finish it. Between those three verses, a believer can face any unknown.

Close this treasury by making it personal: copy the promises for your present season onto one page, keep it before your eyes, and pray it morning and night for a month. Watch what God does. Then write the testimony in your journal — and pass this guide to another

believer who needs a promise to stand on. Treasures multiply when they are shared.

> *"For I know the thoughts that I think toward you, saith the Lord, thoughts of peace, and not of evil, to give you an expected end."*
> **— Jeremiah 29:11 (KJV)**

A PRAYER STANDING ON THE PROMISES

Father, I thank You that You are a promise-keeping God. I bring You my needs — my fears, my provision, my health, my loneliness, my future — and I stand on Your written Word concerning each one. Forgive my anxious unbelief. Teach me to thank You before I see, to obey what You attach to Your promises, and to wait in peace for Your time and Your way. Your Word will not fail me, because You cannot fail. In Jesus' name, Amen.

Verses to hold on to

Keep these verses near you. Read one each morning. Say it aloud. God's Word will hold you on days when feelings are weak.

> *"God is not a man, that he should lie; neither the son of man, that he should repent: hath he said, and shall he not do it?"*
> **— Numbers 23:19 (KJV)**

> *"And this is the confidence that we have in him, that, if we ask any thing according to his will, he heareth us."*
> **— 1 John 5:14 (KJV)**

> *“Heaven and earth shall pass away: but my words shall not pass away.”*
> **— Luke 21:33 (KJV)**

> *“Blessed be the Lord, that hath given rest unto his people Israel, according to all that he promised: there hath not failed one word of all his good promise.”*
> **— 1 Kings 8:56 (KJV)**

You are not walking alone

Dear friend, you have finished this guide — well done. Keep it near your Bible and return to it whenever you need it. Growth is day by day, and your Father is patient, present and proud of every honest step you take toward Him.

If you would like someone to pray with you, answer your questions, or walk with you in these first steps, our free Salvation Follow-Up team would be honoured to hear from you. Visit slgrace.com and open the chat — ask for the "Salvation Follow-Up" desk. It is completely free, and you will be received with love.

The other free guides in this series

1. You Are a New Creature — free from the Salvation Follow-Up Desk at slgrace.com

2. First Steps With Jesus — free from the Salvation Follow-Up Desk at slgrace.com

3. How to Pray — free from the Salvation Follow-Up Desk at slgrace.com

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May the Lord bless you and keep you, make His face shine upon you, and give you peace — today and all your days. (Numbers 6:24-26)